



Cancer Services

Women's Boutique
Mastectomy Guide
CancerServicesPatients@gmail.com
419-626-4548



TIPS FOR CHOOSING BRAS AFTER A MASTECTOMY

Give Yourself Time. Your surgeon will let you know when you have healed enough to get fitted for a prosthesis and mastectomy bra.

- About 6-8 weeks after a mastectomy, once your scar has healed and you have finished any radiotherapy you may need, you'll be ready for your permanent prosthesis. Radiotherapy can sometimes cause your breast to become swollen a little. You may prefer to have your prosthesis fitted when you no longer have any swelling.
- Call your doctor or nurse if you have any questions.

Don't Be Afraid to Try Something New.

- Bring a trusted friend or partner. Your partner or friend can remind you that you are a strong, beautiful, whole, and empowered woman. They can also provide a second opinion when you are not sure which style looks best.
- Look for a smooth, soft t-shirt bra that you can wear when you need smooth lines under clothing. A front closures bra is usually easiest to manage after a mastectomy.
- Just because you liked a certain style of bra prior to your mastectomy doesn't mean you have to stick with the same style now. Don't be afraid to step outside of your comfort zone and experiment with a new color or style.
- Bathing Suits: If you have a favorite bathing suit without prosthesis pockets, take your bathing suit to a seamstress and have pockets added or remove padding in regular bathing suit to insert form to help you save the cost of a Mastectomy bathing suit.

Cancer Services provides Mastectomy items at no charge.

These new or gently used items are available to you to help you during your transition after surgery.

- Bras
- Post-Surgery bras and camisoles
- Knitted Knockers
- Breast Forms
- Prosthesis



Tips for caring for Prosthesis:

- Wash with warm water and mild soap as needed.
- Do not need to be washed after each wear.
- Store breast form in the original box when not in use to extend the life and shape of the form.
- Normally has a 2-year factory guarantee.
- Lasts 4 or more years.

Visit a Certified Fitter.

- Prescription needed from Doctor's Office.
- Take advantage of your benefits with Medicare, Medicaid and Private/Employer Health Insurance.
- Medicare and Private/Employer 12 Bras a year (3 per quarter)
- Aetna 4-6 Bras a year.
- Most carriers offer prosthesis every 2 years.
- Always call your insurance carrier to get information on your benefits and coverage.

JCPenney- Sandusky Mall
4316 Milan Road
Sandusky, OH 44870
419-627-8840 ex. 359
Ask for Elizabeth to make an appointment.

LA Spa of Hope
222 Smith Street
Greensprings, OH 44836
419-639-2010
Full-service boutique. Using insurance benefits for Bras and Mastectomy supplies.

That Special Woman
2461 N. Reynolds Road
Toledo, OH 43615
419-536-6206
Breast Forms, Bras and Swimwear, Wigs, Compression Sleeves and Headwear

**The University of Toledo Health Science Campus
Eleanor N. Dana Cancer Center**
1325 Conference Drive
Toledo, OH 43614
419-383-6644
Mastectomy Products, Chemotherapy and Radiation Related Items, Wigs and Head Coverings, Cancer Awareness Items and Lymphedema Related Products.

Anna's Touch
605 South Trimble Road, Suite A
Mansfield, OH 44906
419-756-0766
Post Mastectomy Breast Forms, Bras and Wigs.

Elegant Essentials (2 Locations)
5164 Normandy Park Drive Suite 300
Medina, OH 44256
330-723-8880

8510-B Mentor Avenue
Mentor, OH 44060
440-701-8377

Helpful information website links:

Susan G. Komen-Breast Cancer Foundation
help@komen.org

Victoria Secret- Mastectomy Bra
www.victoriasecret.com

breastcancer.org

American Cancer Society
www.cancer.org

National Breast Cancer Foundation, Inc
nationalbreastcancer.org

Amoena Breast Forms Customer Service
Amoena.com
1-888-900-8998